

Robin Hall Newsletter -Week 3

Dear Parent(s)/Carer(s) of Robin Hall,

We hope that you enjoyed last week's activities and learned a lot about the dentists and refuse collectors. Have you learned new words and new skills? How is brushing of your teeth going? I hope that you liked junk modelling and made fantastic models and creations with recyclable materials. Please don't forget to send us your pictures via Tapestry or email your messages to me on jpowrie@chat-edu.org.uk.

I hope that you all have your learning/creativity pack at home now and can use some of the resources in this week's learning. Please let us know if you have not collected/received your pack and we will make sure that it gets to you.

This week as part of our learning journey called **People who help us** we will be focusing on **Doctors and Nurses**.

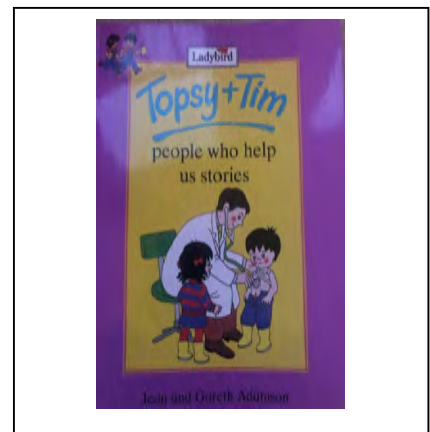


Preparing your home learning environment

Listen and Talk

Story read by Mrs Powrie

Do you remember Topsy and Tim and their adventures of meeting the police? To watch the recording of the story of "**Topsy and Tim meet the doctor**" by Jean and Gareth Adamson please click [here](#). Talk about the doctors and nurses and act a play getting into the role of our fabulous NHS key workers.



Some facts to support you in talking to your child

How do doctors and nurses help us?

- Doctors and nurses help us to get better if we have been injured or are ill.
- Some of them work in hospitals and some of them work in local clinics.
- Some nurses come into schools to check children's development and may check their hearing or their eyesight.
- Doctors and nurses have lots of equipment to check different parts of our bodies, for example a stethoscope to listen to our heart, lungs and chest, a thermometer to check our temperature and a blood pressure machine to check our heart rate.
- Nurses may also give us injections to stop us from getting illnesses.
- Midwives and doctors deliver new-born babies.

Did you know?

Florence Nightingale shaped the nursing profession and healthcare.

One of the most famous nurses was a British woman, **Florence Nightingale**. Not only did she save many soldiers' lives, she changed the way nurses were educated and how nursing as a profession was viewed by society.

Specifically, she changed the way hospitals were sanitized, how food was prepared and served and how to treat wounded patients to prevent the spread of infection.



What is the NHS?

The NHS stands for the **National Health Service**.

It is the health service that everybody in the UK can use when they become poorly or injured, to help them to get better.

It is 'free at the point of use', which means people can be treated for free when they are poorly.

It is paid for through taxes, which is money that UK adults pay to the government.

We are all grateful for the wonderful care and help from NHS and other health professionals during Covid 19 pandemic.

Role play and label:

You can make a 'Hospital or a 'Doctors' surgery' den/corner in your home to act out and take on a role of a nurse or a doctor.

Please help your child to make signs and draw pictures to decorate their 'Medical Corner'.

Do you know how long it takes to train for these jobs?

Doctor – at least 7 years

Vet – 7 years

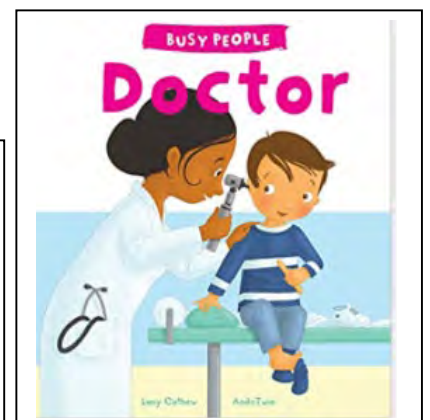
Optician or dentist – 5 years

Nurse – 4 years

Communication and Language

It's a busy day for Doctor Miranda. There are lots of people at the surgery. Olivia has hurt her ankle and what could be wrong with Jimmy?

Find out by listening to the story "Doctor" by Ando Twin **read by Mr Kapalamula** [here](#).



Your **focused task** is based on the story of Dr Miranda:

Listen to the story again and please answer the questions (use pictures a clues):

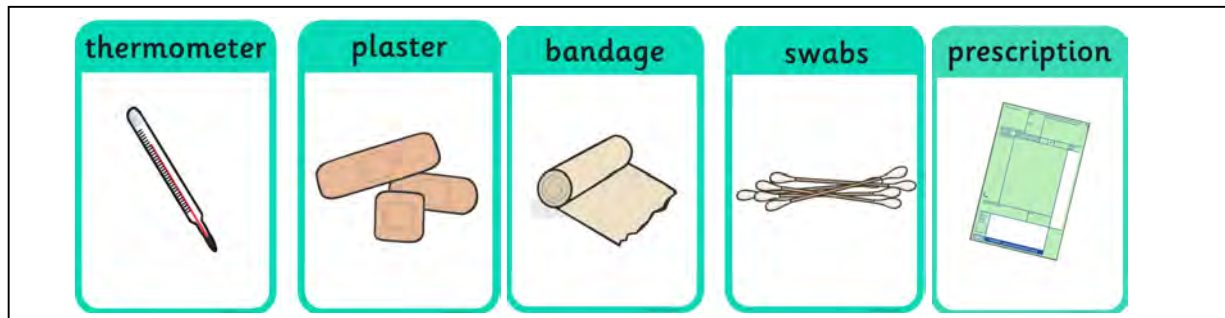
1. **Who is Dr Miranda and where does she work?**
2. **What do you think about Dr Miranda's day? Can you tell your grown-up what Dr Miranda does in the story?**
3. **What is wrong with Jimmy? How does Dr Miranda examine Jimmy?**
4. **Can you name some of Dr Miranda's special equipment?**
5. **Do you remember being ill or visiting a doctor? How did you feel? What helped you to feel better?**

Learn, mark -make and draw

Look in your learning pack and find some resources that we sent you: *Patient details* sheet for mark making and registering your toys in your play surgery.

In the learning pack, you also have a sheet with doctor's bag on. Please listen to the teaching **video from Mrs Field** and draw the equipment and tools that Dr Miranda has in her medical bag. Have you learned some new words?

Watch the video [here](#).



Listen, enjoy and experiment

Enjoy the story of "Zog and the Flying Doctors" by Julia Donaldson. See Mrs Field's video [here](#).

I wonder whether you can make one of these special potions with your grow-ups! Follow the recipe and have lots of fun!



Colour changing potion

You need:

Red food colouring 5 drops
Blue food colouring 5 drops
Water 5 table spoons
Two jars or bowls

Pour the water into the bowl, add the red food colouring.
Stir the red mixture.
Pour the water into the other bowl, add the blue food colouring.
Stir the blue mixture.
Pour the blue mixture into the red mixture and watch it change colour!

What colour have you made?

Fizzing potion

You need:

Bicarbonate of soda 1 tea spoon
Vinegar 4 table spoons
Washing up liquid 1 big squeeze
Food colouring (optional)
A jar or bowl

Pour the vinegar in the bowl.
Add the food colouring and stir.
Squeeze in the washing up liquid.
Add the bicarbonate of soda.
Stir it with a spoon and watch it fizz!

Be Creative outside:

Go on a walk outside: garden, park, green area, forest and look for some natural resources to make your own potion with. You can add some grass, sand, fallen twigs and soggy leaves. Please remember to wash your hands thoroughly afterwards. What is your potion good for? Can you draw a recipe how to make it and label the ingredients?



The Nursery rhyme for this week is: Head, Shoulders, Knees and Toes

Please join in and sing it with Mrs Idziasczyk.
Don't forget the actions and to go faster and faster each time!

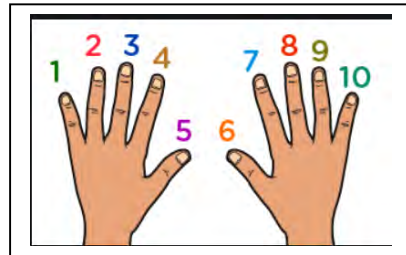
You can join in [here](#).



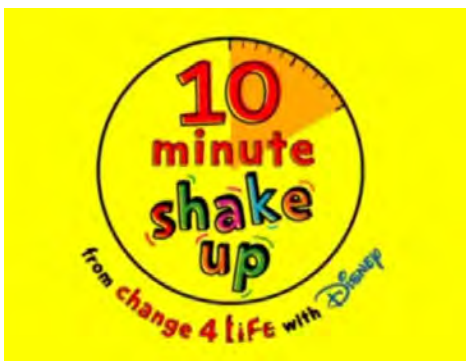
Count and count

Count your fingers and count your toes. How many fingers do you have? How many toes?

Use the scrapbook that is in your creativity pack. Now draw around your hands and your feet and label your picture with numbers.



Dance and Move about



10-minute Shake Up:

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

Change4Life and Disney have teamed up to bring you play-along games inspired by your favourite Disney and Pixar characters. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

Dance and move to Freeze dance music

https://www.youtube.com/results?search_query=boogie+beebies

PE with Joe Wicks on, Mondays, Wednesdays and Fridays

The fitness hero of the first lockdown is back with more daily workouts for all the family. Like before, the workouts will be aimed at young kids who are missing out on the PE lessons during the lockdown. But also like before, mums and dads and older children will no doubt all get involved.

The sessions will be live on YouTube at 9am on Mondays, Wednesdays and Fridays. Please join in and have fun.



Challenges with Mr May- our PE teacher

Please check our website:

<https://www.cuckoohallacademy.org.uk/Staying-active>

Message from Mr May:

“This page is all about keeping you ACTIVE!

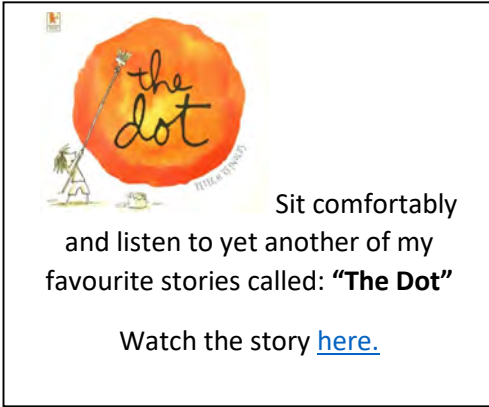
Throughout the year I will be releasing challenges and videos to help you stay active if you're at home.

Through this challenging time, it's so important we keep ourselves active to help us stay healthy and for our mental well-being.

Apart from the weekly challenges, there are lots of different resources with activities you could try.

Have fun everyone, Mr May.”

Enjoy the story



Extra challenge:

Draw/Paint/Collage

-Use the words 'Just make a mark and see where it takes you,' as inspiration for your own artwork. What type of mark will you make? Where will it take you? What materials will you use?

-Make a picture that consists of dots

-Vashti experiments with different colours. **Can you try to mix colours to make new ones?**

I would love to see your pictures so please send them to my email (jpowrie@chat-edu.org.uk) or on Tapestry.

Sing together:

If you like singing, here is the dot song for you; you can sing with Emily Arrow: https://youtu.be/r_l43cxDQ-o

Please log onto your child's Tapestry where you can listen to daily stories and poems published by the Nursery Team.

Thank you

It is important that you read to your child daily, engage in regular conversations with them and sing songs and rhymes together. You can join CBeebies website to find many children's favourites:

<https://www.bbc.co.uk/cbeebies/watch>

If English is not your first language, please read and sing in your mother tongue as language universals are transferable and will benefit your child's development greatly.

The Department for Education in England launched Hungry Little Minds in September 2019– a three-year campaign that aims to help parents understand that they have a big impact on their child's learning and that reading, playing and chatting with them is a simple thing they can do to help them develop. Please visit the website for a great deal of activities and suggestions that you can engage in with your child to support them.

<https://hungrylittleminds.campaign.gov.uk/>

Please keep us informed about your child's learning at home. We would love to know how you get on with the activities suggested above or any fun learning activities of your own choice. Please send your photos and videos via Tapestry to us or send them to jpowrie@chat-edu.org and I will pass them on to the class teacher.

Keep safe and well.

Thank you for your support.

Justyna Powrie

EYFS Assistant Head Teacher