

Dear Parent(s)/Carer(s) of Robin Hall,

We hope that you enjoyed last week's activities and learned a lot about the Police Force. I am sure your grown-ups at home and siblings enjoyed acting up being police officers with you. Have you investigated your fingerprints and made a police car? Who was your favourite key worker superhero from our focus story that Mrs Field read to you? Please don't forget to send us your pictures via Tapestry or email your messages to me.

I am very excited to tell you that the Nursery team and I have prepared **learning/creativity packs for each Nursery child** to enable them to engage in hands-on activities that we are promoting via weekly newsletters during this lockdown. The packs will be ready for collection from the school office **on Tuesday 12th January from 10am**. We kindly ask you to collect it for your child as we have no capacity to deliver all the packs to all the children. However, please let us know (email or phone call) if you are not able to collect your pack due to shielding, self-isolating or having Covid 19. We will do our best to deliver it to you.

In the pack, the children will find a scrapbook with coloured pages for their drawing, mark making/writing and sticking. There will be coloured pencils, writing pen and pencil, glue stick, post-it notes for mark making activity, a bunch of printable activities that link to the topic of People who help us and a little bank of creative materials (cotton wool, tissue paper, lolly stick for making a mini person, etc.) so that your child can use those for decorating and making. We will refer to the pack in the newsletter and ask you to help your child to get out of the pack the materials they need for a particular activity. The more mark making, drawing the children do, the more they exercise their wrist muscles and build dexterity for writing. It can also help them with expressing themselves and being imaginative.

This week as part of our learning journey called **People who help us** we will be focusing on Dentists and Refuse Collectors.



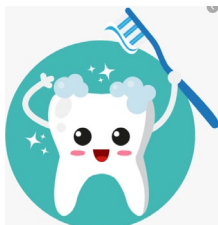
Preparing your home learning environment

Watch the videos made by Mrs Idziaszczyk: Video 1 is [here](#). Video 2 is [here](#).

Listen to the recording of non-fiction/information text about Dentists. Have a good look at how to clean your teeth properly.

Have you been to the dentist? How dentists help us? Can you find out what your local dentist surgery is called?

You can pretend to be dentist for all your toys and teddy bears and act out looking after their teeth.



Dental Words

Some words used at the dentist's office might be new to you. Here are a few and what they mean:

bacteria — tiny organisms that live on your teeth and are found in plaque

cavity — the decayed, or rotten, part of a tooth

dental X-rays — pictures of your teeth and gums that will show a dentist whether there are any cavities

flossing — involves using a piece of waxy string called dental floss to get in between your teeth and remove food particles that your toothbrush can't reach

orthodontist — a doctor who specializes in correcting the shape or positions of your teeth

plaque — a thin, sticky layer containing bacteria that grow on your teeth

Listen, Talk and Role Play

Some facts to support you in talking to your child:

What Does the Dentist Do?

-The dentist is a doctor who is specially trained to care for teeth. When you visit for a check-up, your dentist will look at your teeth and gums to check for any problems. The dentist also wants to make sure your teeth are developing properly as you grow.

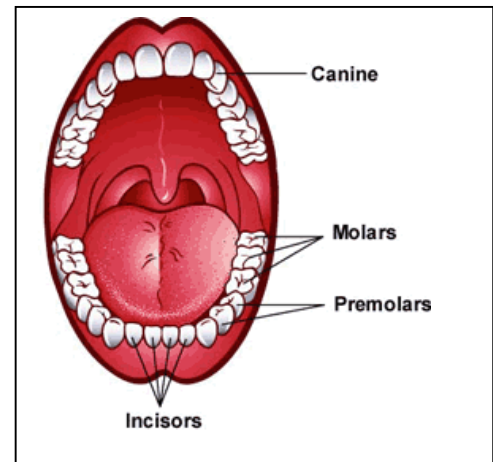
-It's important to visit your dentist every 6 months to make sure you're taking good care of your teeth and that your teeth and gums are healthy.

-Your teeth are an important part of your smile, and they also help you chew foods like crunchy apples or yummy pizza.

-Brushing and flossing are important, but you also need to visit your dentist regularly to keep your teeth strong and healthy.

Did you know

Young children have **20 baby teeth** that fall out and are replaced by adult teeth from about the age of six. Adults have more teeth than babies! Most adults have **32 teeth**. Adults have four types of teeth: **molars, premolars, canines and incisors**.



Decide and Draw

Eat This, Not That!

Use your scrapbook or a piece of paper to draw 2 teeth: draw a "**happy tooth**" on one side and a "**sad tooth**" on the other.

Cut out pictures of food from magazines, papers and recyclable boxes or simply draw your own pictures of foods that go underneath both teeth.

What healthy foods could go under the "happy tooth"? e.g. fruits, vegetables and milk.

What unhealthy foods will you draw or stick underneath the "sad tooth"? E.g. Fizzy sugary drinks, sweets.

Talk to your grow-ups about how to improve the diet for healthy teeth.



Refuse collectors work in a team made up of several loaders and a driver. They collect rubbish and put it in a **refuse lorry** to take to a recycling centre, tip or incinerator.



Just for fun recycling facts

- If you recycle one plastic bottle, you can save enough energy to power a computer for almost half an hour.
- Recycling an Aluminum can will save enough energy to power your TV for 3 hours. Plenty of time to watch your favourite family movie together!
- Do you waer a fleece jacket? It is made from at least 25 two-litre plastic bottles!
- A 1-litre cardboard milk carton can be turned into 5 pieces of paper when it's recycled.

Go Green: Count, Sort and Recycle

Let's sort their rubbish and learn how to reduce the waste. It is great to know which things go in what bins. Please investigate all home waste packaging and waste things (safely) and see if you are able to **reduce, reuse and recycle**. It is good to be green and help to keep our environment clean!

You can count how many plastic items you have for the plastic bin; how many cardboard or paper items for the paper bin and talk about glass things with your grown-ups.

Remember not to play with glass items as they can be dangerous when they break. The food waste goes to the organic bin; e.g. carrot and potato peel or apple core.



Free style Junk modelling (one of the favourite activities at Nursery)

Can you use some of the recyclable items that you find in your home to do some junk modelling?

You could make a lorry or a robot out of cardboard boxes, plastic bottles and clean yogurt pots.

*The joy of junk modelling is that the materials are free or inexpensive and 'open-ended', so your child can bend the tubes, chop up the pots and, with the addition of some fixing materials such as Sellotape or glue, they can transform the materials into whatever they choose and then paint or decorate them with pens and crayons.



Junk modelling benefits children in many ways.

For example, they can:

- use their imagination while developing their design skills and creativity
- develop their self-confidence as they are enabled to explore materials and how to use them
- develop their problem-solving skills and resilience as they build their junk models and use trial and error to make their model stand upright or fix materials together successfully
- get hands-on and learn about the properties of materials, such as the flexibility or toughness of plastic, fabric, cardboard and wood
- become inventors and 'engineers', exploring materials and their properties – for example, deciding whether a material is strong or bendy enough and fit for purpose
- develop their gross and fine motor skills, which helps them to manipulate tools better and supports the development of early writing skills

Investigate, count and mark make

Go on a walk outside and look around:

Can you see any people who help us? Please name and chat with your grown-ups about them.

Are there any refuse collectors, police officers, shop keepers, postmen and women? Can you see any builders and dog walkers? Who can you see?



Communication and Language

The focus story this week is 'The Real SuperHeroes: A celebration of key workers' by Julia Seal

Listen to the story that Mrs Field read last week again and try to **retell it** in your own words. Look at the pictures to help you.



For winter craft exercise please click [here](#).

Can you make your own snowflake to decorate your window?

Your **focused task**: Please give instructions to your brother/sisters/parents on **HOW TO BRUSH YOUR TEETH**.

Please tell them what to do from start to end and how.

E.g. First....

Then...After that...

You can watch teeth brushing song from Hey Duggee

Click [here](#).



The Nursery rhyme for this week is: 5 Little ducks went swimming one day...

Please join in and sing it with Mrs Field.

Watch the video [here](#).

Don't forget to count with your fingers.



Five little ducks

FIVE little ducks went swimming one day
Over the hill and far away.
Mother duck said QUACK QUACK QUACK QUACK
And only FOUR little ducks came back!

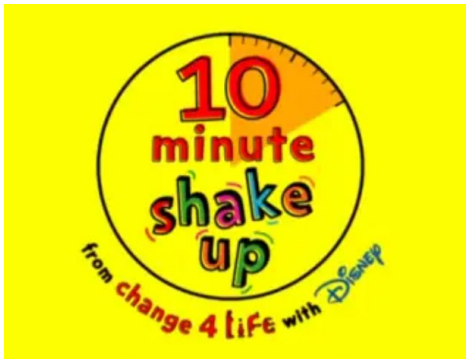
FOUR little ducks went swimming one day
Over the hill and far away.
Mother duck said QUACK QUACK QUACK QUACK
And only THREE little ducks came back!

THREE little ducks went swimming one day
Over the hill and far away.
Mother duck said QUACK QUACK QUACK QUACK
And only TWO little ducks came back!

TWO little ducks went swimming one day
Over the hill and far away.
Mother duck said QUACK QUACK QUACK QUACK
And only ONE little duck came back!

ONE little duck went swimming one day
Over the hill and far away.
Mother duck said QUACK QUACK QUACK QUACK
And all her FIVE little ducks came back!

Dance and Move about



10-minute Shake Up:

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

Change4Life and Disney have teamed up to bring you play-along games inspired by your favourite Disney and Pixar characters. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

Dance and move to Freeze dance music

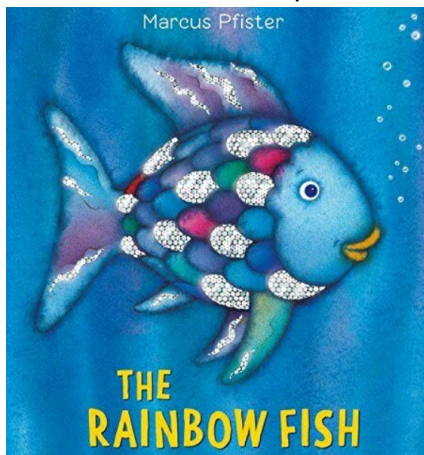
https://www.youtube.com/results?search_query=boogie+beebies

PE with Joe Wicks is back on Monday 11th January.

The fitness hero of the first lockdown is back with more daily workouts for all the family. Joe returns with more living room exercises on Monday 11 January. Like before, the workouts will be aimed at young kids who are missing out on the PE lessons during the lockdown. But also like before, mums and dads and older children will no doubt all get involved.

The sessions will be live on YouTube at 9am on Mondays, Wednesdays and Fridays. Please join in and have fun.

Sit comfortably and listen to one of my favourite stories called: **"The Rainbow fish"** by Marcus Pfister



Watch the story read [here](#).

Enjoy the story

Extra challenge:

Can you draw a picture of The Rainbow fish playing with its friends?

I would love to see your pictures so please send them to my email (jpowrie@chat-edu.org.uk) or on Tapestry. I would like to use them to decorate my new office.

When we get back to school, you will be able to visit me in my office to say 'hi' and see your own picture of the rainbow fish in my gallery. So please get drawing or painting. You can even make a collage.

Thank you

Please log onto your child's Tapestry where you can listen to daily stories and poems published by the Nursery Team. Thank you

It is important that you read to your child daily, engage in regular conversations with them and sing songs and rhymes together. You can join CBeebies website to find many children's favourites:

<https://www.bbc.co.uk/cbeebies/watch>

If English is not your first language, please read and sing in your mother tongue as language universals are transferable and will benefit your child's development greatly.

The Department for Education in England launched Hungry Little Minds in September 2019– a three-year campaign that aims to help parents understand that they have a big impact on their child's learning and that reading, playing and chatting with them is a simple thing they can do to help them develop. Please visit the website for a great deal of activities and suggestions that you can engage in with your child to support them.

<https://hungrylittleminds.campaign.gov.uk/>

Please keep us informed about your child's learning at home. We would love to know how you get on with the activities suggested above or any fun learning activities of your own choice. Please send your photos and videos via Tapestry to us or send them to jpowrie@chat-edu.org and I will pass them on to the class teacher.

Keep safe and well.

Thank you for your support.

Justyna Powrie

EYFS Assistant Head Teacher